

# Living with Brain Tumors

*a true story of courage and faith.*

*A memoir by Jaleh Sahandy, M.D.*

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[barnesandnoble.com](http://barnesandnoble.com)



#### Author's Note

My goal in writing this memoir is to help people with brain tumors in general; especially meningioma in particular. Not only from the perspective of a patient, but also a doctor.

I graduated from medical school in 1975 and I was diagnosed with meningioma in 1983. I have lived with this condition for practically 30 years. For the first 28 years

I was able to lead an almost normal life, but the past two years has not been that easy. I have had to make many adaptations and adjustments to my new way of living.

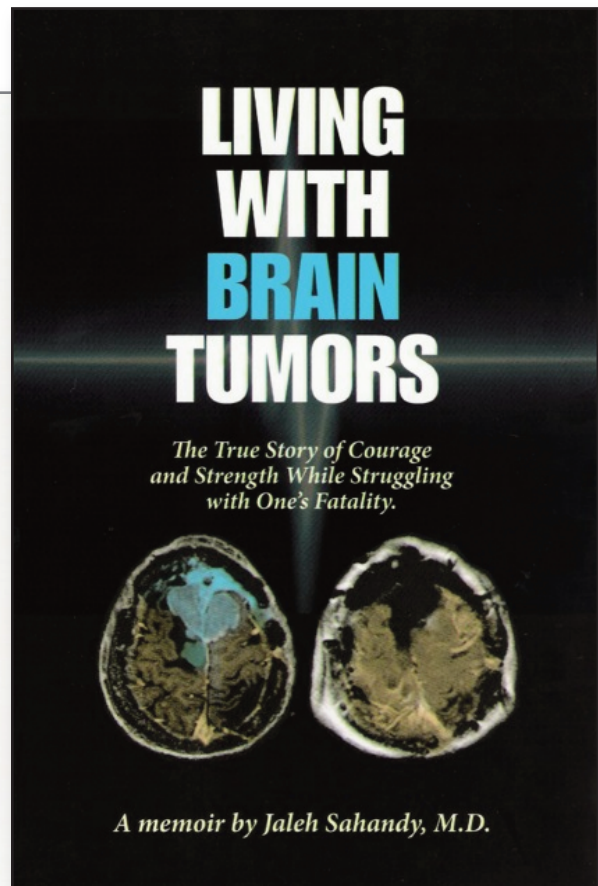
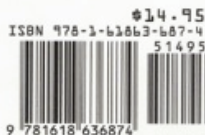
*Jaleh Sahandy, M.D.*

"As a physician, psychiatrist and brain cancer warrior, Dr. Sahandy provides a uniquely informed and candid window into the highs and lows of more than 30 years of brain cancer therapy, neurologic disability and incomplete functional recovery."

*John Laterra, MD, PhD  
Professor of Neurology, Oncology, and Neuroscience  
Director, Division of Neuro-Oncology  
Johns Hopkins School of Medicine*

**About the author:** *Dr. Jaleh Sahandy*, is native of Iran who migrated to US in 1976. She graduated from University of Maryland department of psychiatry, certified by American Board of Psychiatry and Neurology. She initially worked for public sector for ten years, then in her own private practice for twenty years in Annapolis area. She retired in December 2012 due to medical disability. She resides in Annapolis, Maryland with her husband Parviz Sahandy, M.D.

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